



**Government of the District of Columbia
Department of Health**



Division of Epidemiology-Disease Surveillance & Investigation

Physicians Advisory: International Travelers Returning from Liberia

Active Monitoring

As of **June 17, 2015**, the District of Columbia Department of Health no longer requires daily active monitoring for travelers who only visited Liberia and instead recommends a 21-day self-observation period, starting with the last day a traveler was in Liberia. This change in policy is a result of Liberia being declared Ebola-free on May 9, 2015, by the World Health Organization (WHO), and the Centers for Disease Control and Prevention (CDC) no longer recommending active monitoring for these individuals. However, if a traveler visited Sierra Leone or Guinea, in addition to Liberia, they are still required to complete daily active monitoring for a 21-day period.

Travelers Seeking Medical Attention

During the 21-day self-observation period, daily reporting to the D.C. Department of Health is not required. If during this time period a traveler who only visited Liberia presents to an emergency department, outpatient clinic or other medical facility they should be evaluated utilizing that facility's routine precautions appropriate for the presenting clinical signs and symptoms. When evaluating travelers who were only in Liberia presenting with a fever AND vomiting, diarrhea and/or unexplained bleeding or bruising, it is recommended to place them in a private room and assess for common diseases associated with international travel. For travelers that were in Sierra Leone or Guinea during the previous 21-day period, the evaluation should occur by staff implementing appropriate Ebola Personal Protective Equipment (PPE).

For additional questions and clarifications email (DOH.EPI@dc.gov),
call ([1-844-493-2652](tel:1-844-493-2652)) or visit www.ebola.dc.gov.

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