



**Government of the District of Columbia
Department of Health**



Division of Epidemiology-Disease Surveillance & Investigation

Updated Policy for Recent Travelers from Liberia

Active Monitoring

As of **June 17, 2015**, the District of Columbia Department of Health no longer requires daily active monitoring for travelers who only visited Liberia and instead recommends a 21-day self-observation period, starting with the last day you were in Liberia. If you visited Sierra Leone or Guinea in addition to Liberia, you are still required to complete daily active monitoring for 21-days.

During this 21-day self-observation period if you develop a temperature greater than 100.4°F (38.0°C), or experience symptoms consistent with possible Ebola virus disease, including malaise (a general feeling of unwell), muscle pain, headache, sore throat, vomiting, diarrhea, or unexplained bleeding you should notify the 24/7 D.C. Ebola Hotline telephone number (**1-844-493-2652**) immediately. When calling you should identify yourself as recently arriving from Liberia and needing to speak with the epidemiologist on-call.

Travel

While the District of Columbia Department of Health no longer requires daily active monitoring, some states and jurisdictions within the U.S., and internationally, may have maintained this policy. If you visited Liberia only and are traveling within the U.S., or internationally, you are advised to verify any potential policies and restrictions with the authorities of your final destination prior to your departure. It is ultimately your responsibility to abide by the regulations established by your destination.

Pets

During your recommended self-observation you are encouraged to care for your dog(s) and/or cat(s) at home unless instructed otherwise by the District of Columbia Department of Health. If at any time you become symptomatic, you should notify the District of Columbia Department of Health of any pet(s) that reside in your home.

Complete CDC guidance can be found at:

<http://www.cdc.gov/media/releases/2015/s0612-new-entry-screening.html>.

For additional questions, please contact by email (DOH.EPI@dc.gov) or call (**1-844-493-2652**).

Last updated 6/19/2015 by AKH