

WICAND SENIOR FARMERS' MARKET NUTRITION PROGRAMS AUTHORIZED FARMER

All Program Checks Accepted:

Produce Plus Program Produce Plus Program FVRx

Use your Produce Plus and Produce Plus FVRx checks before the program ends on September 30th.

WIC Vegetables and Fruit Cash-Value Checks
WIC Farmers' Market Nutrition Program
Senior Farmers' Market Nutrition Program

Use your Get Fresh checks before the program ends on November 30.

If you are a resident of the District of Columbia, and a recipient of WIC, SNAP, Medicare, TANF, Medicaid, and SSI, you may be able to receive assistance under the Produce Plus Program. For more information please inquire within or call 202-442-9397.



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QUICK REFERENCE | GET FRESH, PRODUCE PLUS AND WIC CASH-VALUE CHECKS

Post your Farmers' Market Nutrition Program sign for the entire length of the program. The Vegetables and Fruit Cash-Value Checks are good for 30 days. The Farmers' Market Nutrition Program runs from June 1st to November 30th. The Produce Plus Program runs from June 1st to September 30th.

VEGETABLES	AVAILABILITY	VEGETALES	DISPONIBILIDAD
Artichokes	May - June	Alcachofa	Mayo - Junio
Asparagus	May - June	Espàrragos	Mayo - Junio
Beans (all)	June - September	Frijoles - (todos)	Junio - Septiembre
Beets	July - September	Remolachas	Julio - Septiembre
Broccoli	July - September	Brócoli	Julio - Septiembre
Brussels Sprouts	July - September	Coles O Repollitos De Bruselas	Julio - Octubre
Cabbage (all)	June - September	Repollos/Coles - (todas)	
Carrots	July - October	Zanahorias	Julio - Octubre
Cauliflower	July - November	Coliflor	
Corn	June - September	Maiz/Elote (todos)	Junio - Septiembre
Cucumbers	July - September	Pepinos	
Eggplants	July - September	Berenjenas	
Greens (all)		Col Rizada (todas)	
Leeks	May - November	Puerros	-
Lettuce (all)	May - August	Lechugas - (todas)	•
Okra		Quingombò	-
Onion - (all)	May - November	Cebollas - (todas)	
Peas - (all)	July - November	Arvejas - (todas)	
Peppers - (all)	June - November	Pimientos/Chiles - (todos)	•
Potatoes - (all)	July - November	Papas - (todas)	
Radishes	August - November	Ràbanos - (todos)	
Squash - (all)	June - October	Calabazas - (todas)	<u> </u>
Tomatoes	June - October	Tomates - (todos)	
Turnip Roots and Rutabagas	June - October	Raices De Nabo y Rutabagas	
FRUITS		FRUTAS	
Apples - (all)	August - September	Manzanas - (todas)	Agosto - Septiembre
Apricots	June - August	Albaricoques	
Berries - (all)	June - August	Bayas - (todas)	
Cherries (all)		Cerezas - (todas)	
Figs	July - September	Higos	
Grapes	August - September	Uvas - (todas)	
Melons - (all)	June - September	Melones/Sandiás - (todos)	Junio - Septiembre
Nectarines	The state of the s	Melocotòn	
Peaches - (all)	July - September	Duraznos - (todas)	·
Pears (all)		Peras - (todas)	
Plums (all)	July - September	Ciruela - (todas)	•

WIC participants cannot purchase herbs with the Vegetable and Fruit Cash-Value checks.

Sample of CVC price correction

STRICT OF Columbia, DOH

WIC Program

10050588 ANT FREDRE

WICE PROGRAM

FMNP Check

Senior Check

HIERBASMayo - Noviembre

Albahaca, Cebollines, Cilantro, Ajo, Perejil, Romero, Salvia y Tomillo

District of Columbia, DOH CSFP
SCHOOL STATEMENT (1997)

TO SCHOOL STATEMENT (1997)

TO

Produce Plus Check



\$8.00, \$11.00, \$16.50 \$5.00 \$5.00

FARMER NOTES

- 1. Sell the participant the maximum amount of produce allowed on the check.
- 2. Watch the participant sign the check.
- 3. Verify the check signature using the WIC or Senior Program I.D.

HERBSMay - November

Basil, Chives, Cilantro, Garlic, Parsley, Rosemary, Sage and Thyme

4. For a price correction, draw one single line through the price, have the participant write the correct price in the price correction box. Have the participant sign her name again in the "Signature for price change" box.