

# Influenza Surveillance Report

Division of Epidemiology - Disease Surveillance and Investigation  
 District of Columbia Department of Health

## 2015-2016 Influenza Season Week 1 (January 3, 2016 – January 9, 2016) (All data are preliminary and may change as more reports are received)

### SUMMARY

- 4 cases of Influenza were reported by hospitals during this reporting period
- Zero pediatric-deaths associated with Influenza were recorded during this reporting period
- For the 2015-2016 Influenza Season to-date, 71 positive Influenza cases have been reported
- DC PHL did not report any specimens tested for week 1
- This week’s activity dropped from last week, and the current season’s flu activity still remains lower than it has been for the previous three seasons

### INFLUENZA SURVEILLANCE FROM HOSPITALS & AMBULATORY CARE FACILITIES

District of Columbia hospitals and laboratories report detailed information on cases of Influenza on a daily basis. However, in accordance with CDC guidelines, only Influenza-associated deaths in cases <18 years of age and Novel Influenza A infections are reportable.

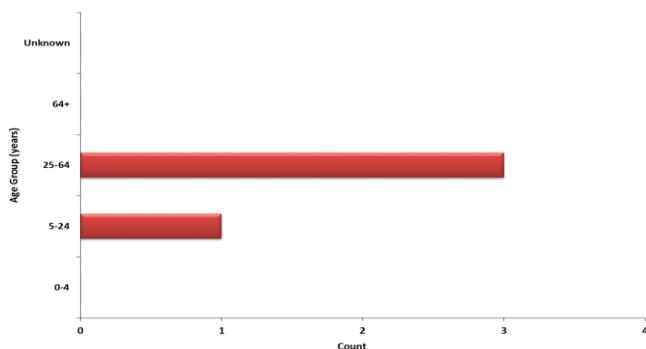
The table below summarizes weekly and cumulative cases of Influenza for the 2015-2016 Season. Data are also presented by age group and by number of cases reported weekly. During week 1 (January 3, 2016–January 9, 2016), there were 4 new cases of Influenza reported. To date, the District has received 71 positive Influenza cases reported by hospitals.

### Surveillance of Influenza Cases Reported By Influenza Type

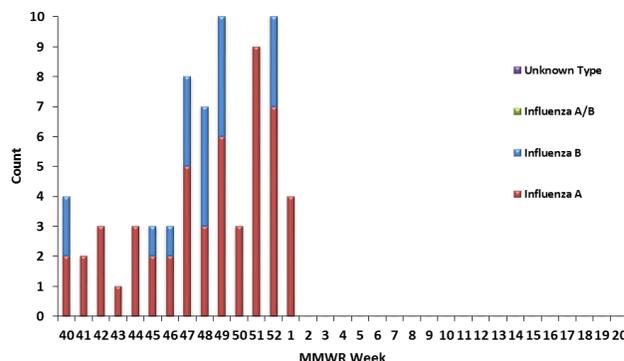
	Week 1 (January 3, 2016– January 9, 2016)		Cumulative Cases for Weeks 40 – 20 (October 4, 2015 – May 21, 2016)	
<b>Influenza A</b>	4	(100%)	53	(74.65%)
<b>Influenza B</b>	0	(00%)	18	(25.35%)
<b>Influenza A/B</b>	0	(0%)	0	(0%)
<b>Influenza (not typed)</b>	0	(0%)	0	(0%)
<b>Total</b>	0*	(100%)	71*	(100.00%)

\*Includes results from Rapid Diagnostic Testing, Viral Culture, RT-PCR, Serology, and Immunofluorescence.

Positive Influenza Tests, by Age Group  
 Week 1 (3Jan2016-9Jan2016)



Positive Influenza Tests by Week  
 October 4, 2015 - May 21, 2016



**RAPID DIAGNOSTIC TESTING**

Rapid Diagnostic Tests are screening tests used to detect the Influenza virus in a short period of time. While initially less accurate than PCR and viral culture, rapid diagnostics are more accurate as the Influenza season progresses. During week 1, 75 out of a total of 202 tests were performed using rapid diagnostic testing in clinical laboratories. Of these, 1 positive Influenza specimen was identified during week 1 using rapid diagnostics.

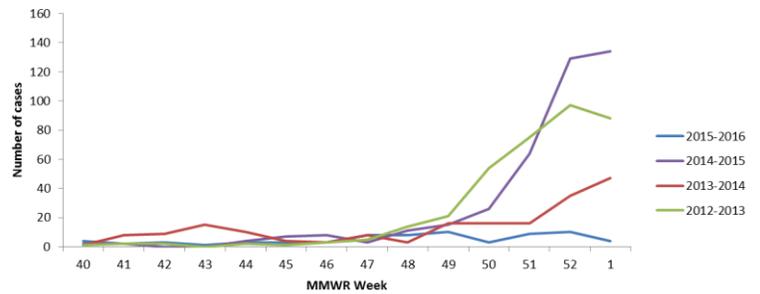
Week: 1 (Jan 3, 2016 – Jan 9, 2016)	
No. of specimens tested Rapid Diagnostics	75
No. of positive specimens (%)	1 (1.3%)
<b>Positive specimens by type/subtype</b>	
Influenza A	1 (100%)
Influenza B	0 (0%)
Influenza A/B	0 (0%)
Influenza – unknown type	0 (0%)

**WEEK 1 COMPARISON WITH PREVIOUS SEASONS**

For week 1, there were 4 cases in the current 2015-2016 season, 134 cases in last year’s week 1, 2014-2015 season, 47 cases during week 1 in the 2013-2014 season, and 88 in the 2012-2013 season.

Cumulatively, there are a total of 71 cases in the district up to week 1 for the current season, 405 during the 2014-2015 season, 191 in the 2013-2014 season, and 365 in the 2012-2013 season.

Number of Cases as of Week 1 for 2012-2013, 2013-2014, 2014-2015



**INFLUENZA-LIKE ILLNESS (ILI) SURVEILLANCE**

Sentinel surveillance for ILI consists of three outpatient reporting sites for the District of Columbia. The sentinel surveillance sites report the total number of ILI cases encountered per week and the total number of patients seen at the clinic during that same week. For this system, ILI is defined as the existence of fever (temperature of 100°F [37.8°C] or greater) and a cough and/or a sore throat in the absence of a known cause other than Influenza.

For week 1, sentinel providers reported 213 of 2289 (9.3%) visits that met the criteria for ILI.

**Sentinel Surveillance ILI Activity for Washington, DC**

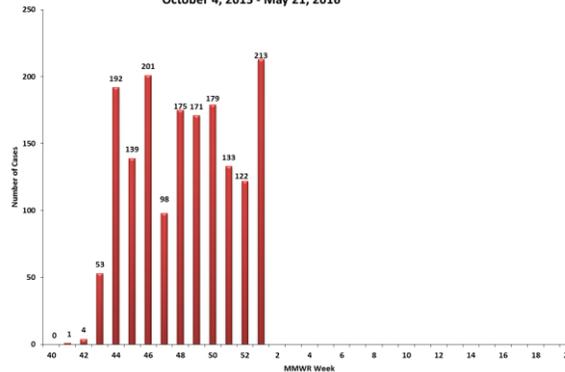
Week of	Activity *
Jan 3– Jan 9	<i>Sporadic</i>

**\*No Activity** – overall clinical activity remains low and there are no lab confirmed Influenza cases;

**Sporadic** – isolated lab confirmed Influenza cases reported and ILI activity is not increased;

**Local** – increased ILI activity and recent lab confirmed Influenza cases. As the District of Columbia is not a state, this is the highest level of ILI activity it can report.

Influenza-Like Illness Reported by MMWR Weekly October 4, 2015 - May 21, 2016



## INFLUENZA TESTING BY THE DISTRICT OF COLUMBIA PUBLIC HEALTH LABORATORY (DC PHL)

The DC PHL subtypes human isolates to monitor the circulating strains of Influenza. The isolates are submitted to the DC PHL by hospitals and commercial laboratories. DC PHL did not report any specimens tested for week 1.

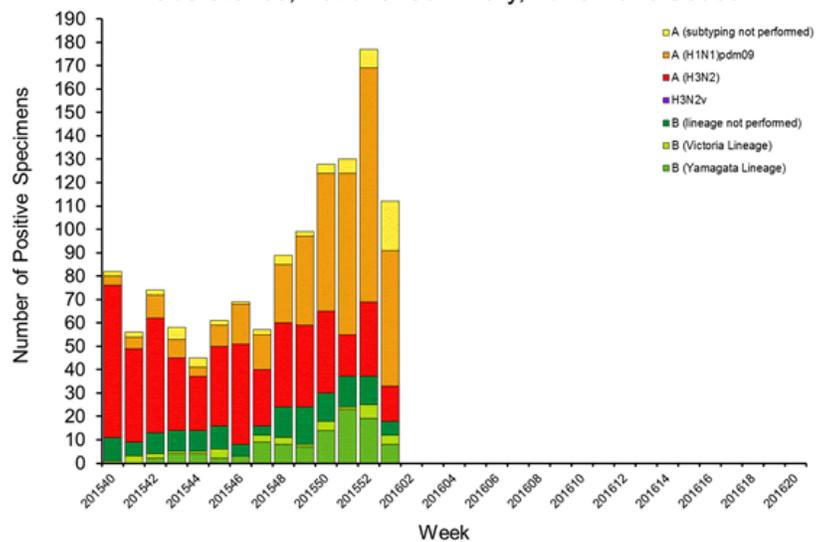
### DC PHL Surveillance of Influenza Cases Reported By Influenza Subtype

DC PHL Influenza Testing	January 3, 2016 – January 9, 2016	Total Cases October 4, 2015 – May 21, 2016
<b>Number of specimens tested</b>	0	26
◆ <b>Number of specimens positive for Influenza:</b>	0 (0%)	5 (19.23%)
● <b>Influenza A</b>	0 (0%)	2 (40%)
▪ <b>H1 2009 H1N1</b>	0 (0%)	1(50%)
▪ <b>H1 seasonal</b>	0 (0%)	0 (0%)
▪ <b>H3</b>	0 (0%)	1(50%)
● <b>Influenza B</b>	0 (0%)	3 (60%)

### NATIONAL INFLUENZA ASSESSMENT

The CDC's weekly seasonal Influenza surveillance report for week 1 noted that influenza activity increased slightly in the United States. The proportion of deaths due to Influenza and pneumonia in the US was below the epidemic threshold. One pediatric death was reported to the CDC during week 1, one associated with an influenza B virus. For the 2015-2016 season, a total of 7 pediatric deaths associated with Influenza have been reported in the US. During week 1, 929 specimens were tested, of which 112 were positive. Of the 112 respiratory specimens that tested positive during week 1, 94 (83.9%) were Influenza A and 18 (16.1%) were Influenza B. Of the Influenza A samples, 58 (61.7%) were 2009 H1N1, 15 (16.0%) were H3, and 21 (22.3%) were not subtyped.

Influenza Positive Tests Reported to CDC by U.S. Public Health Laboratories, National Summary, 2015-2016 Season



Get Vaccinated!

To find an Influenza vaccine provider, visit the District of Columbia Immunization Resource Center at <http://doh.dc.gov/node/190532>



For additional information about Influenza and Influenza activity in the United States, please visit: <http://www.cdc.gov/flu/index.htm>. Questions about Influenza in the District of Columbia or this report should be directed to the Division of Epidemiology - Disease Surveillance and Investigation at (202) 442-9150 or email [keith.li@dc.gov](mailto:keith.li@dc.gov).