

Influenza Surveillance Report

Division of Epidemiology - Disease Surveillance and Investigation
 District of Columbia Department of Health

2013-2014 Influenza Season Week 45 (November 3, 2013 – November 9, 2013)

(All data are preliminary and may change as more reports are received)

SUMMARY

- 4 cases of Influenza were reported by hospitals during this reporting period.
- Zero pediatric-deaths associated with Influenza were recorded during this reporting period.
- For the 2013-2014 Influenza season to-date, 30 positive Influenza cases have been reported.

INFLUENZA SURVEILLANCE FROM HOSPITALS & AMBULATORY CARE FACILITIES

District of Columbia hospitals and laboratories report detailed information on cases of Influenza on a daily basis. However, in accordance with CDC guidelines, only Influenza-associated deaths in cases <18 years of age and Novel Influenza A infections are reportable. Please note that data from hospitals include all cases received by participating hospitals, regardless of residency.

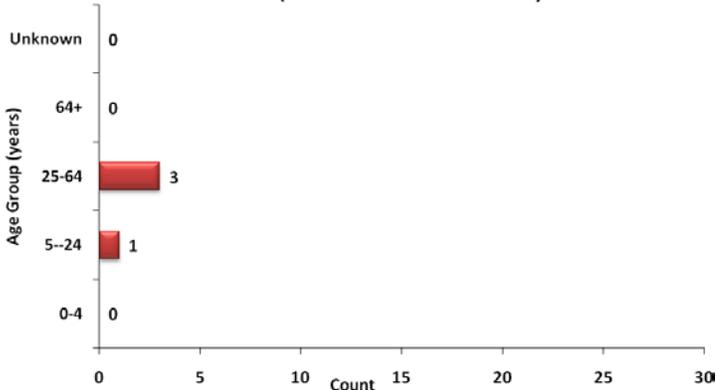
The table below summarizes weekly and cumulative cases of Influenza for the 2013-2014 Season. Data are also presented by age group and by number of cases reported weekly. During week 45 (November 3, 2013– November 9, 2013), there were 4 new cases of Influenza reported.

Surveillance of Influenza Cases Reported By Influenza Type

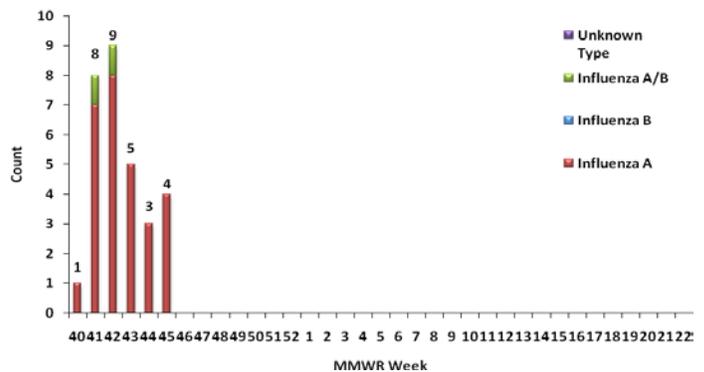
| | Week 45 (November 3, 2013– November 9, 2013) | | Cumulative Cases for Weeks 40 – 20 (September 29, 2013 – May 17, 2014) | |
|------------------------------|---|------------|---|------------|
| | Count | Percentage | Count | Percentage |
| Influenza A | 4 | (100%) | 29 | (96.6%) |
| Influenza B | 0 | (0%) | 0 | (0%) |
| Influenza A/B | 0 | (0%) | 1 | (3.4%) |
| Influenza (not typed) | 0 | (0%) | 0 | (0%) |
| Total | 4* | (100%) | 30* | (100.0%) |

*Includes results from Rapid Diagnostic Testing, Viral Culture, RT-PCR, Serology, and Immunofluorescence.

Positive Influenza Tests, by Age Group
 Week 45 (3 Nov 2013 - 9 Nov 2013)



Positive Influenza Tests by Week
 September 29 2013 - May 17, 2014



RAPID DIAGNOSTIC TESTING

Rapid Diagnostic Tests are screening tests used to detect the Influenza virus in a short period of time. While initially less accurate than PCR and viral culture, rapid diagnostics are more accurate as the Influenza season progresses. During week 45, 51 out of a total of 117 tests were performed using rapid diagnostic testing in clinical laboratories. Of these, all 4 (7.84%) positive Influenza specimens were identified during week 45 using rapid diagnostics.

| Week: 45 (November 3, 2013– November 9, 2013) | |
|---|-----------|
| No. of specimens tested Rapid Diagnostics | 51 |
| No. of positive specimens (%) | 4 (7.84%) |
| Positive specimens by type/subtype | |
| Influenza A | 4 (100%) |
| Influenza B | 0 (0%) |
| Influenza A/B | 0 (0%) |
| Influenza – unknown type | 0 (0%) |

INFLUENZA-LIKE ILLNESS (ILI) SURVEILLANCE

Sentinel surveillance for ILI consists of three outpatient reporting sites for the District of Columbia. The sentinel surveillance sites report the total number of ILI cases encountered per week and the total number of patients seen at the clinic during that same week. For this system, ILI is defined as the existence of fever (temperature of 100°F [37.8°C] or greater) and a cough and/or a sore throat in the absence of a known cause other than Influenza.

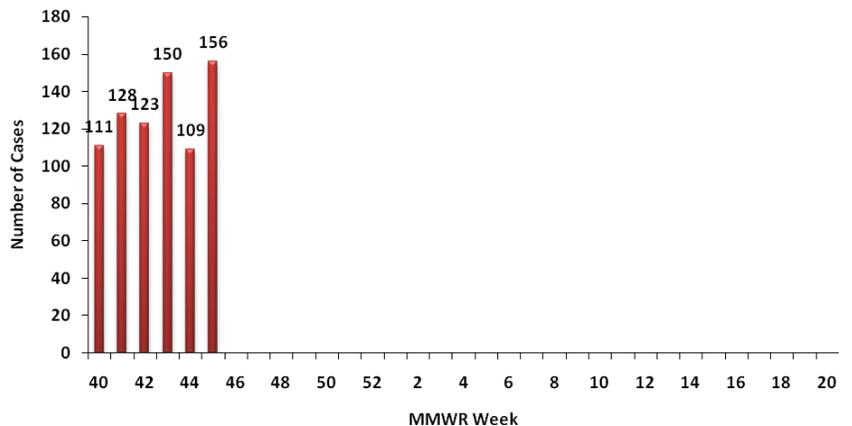
For week 45, sentinel providers reported 156 of 1485 (10.51%) visits met the criteria for ILI.

Sentinel Surveillance ILI Activity for Washington, DC

| Week of | Activity * |
|---------------|-----------------|
| Nov 3 – Nov 9 | <i>Sporadic</i> |

- *No Activity** – overall clinical activity remains low and there are no lab confirmed Influenza cases;
- Sporadic** – isolated lab confirmed Influenza cases reported and ILI activity is not increased;
- Local** – increased ILI activity and recent lab confirmed Influenza cases. As the District of Columbia is not a state, this is the highest level of ILI activity it can report.

**Influenza-Like Illness Reported by MMWR Weekly
September 29, 2013 - May 17, 2014**



INFLUENZA TESTING BY THE DISTRICT OF COLUMBIA PUBLIC HEALTH LABORATORY (DC PHL)

The DC PHL subtypes human isolates to monitor the circulating strains of Influenza. The isolates are submitted to the DC PHL by hospitals and commercial laboratories. In week 45, 0 specimens were sent to the DC PHL for testing. To date, 32 specimens have been tested, of which there have been 2 positive specimens. Both isolates were subtyped as Influenza A/H1 2009 H1N1.

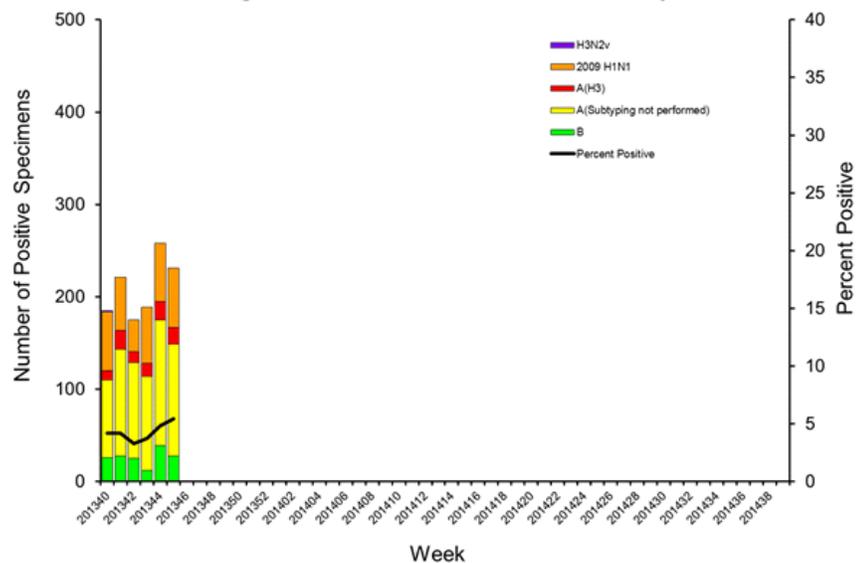
DC PHL Surveillance of Influenza Cases Reported By Influenza Subtype

| DC PHL Influenza Testing | Week 45 November 3, 2013 – November 9, 2013 | Cumulative Cases for Weeks 40 - 20 October 1, 2013 – May 17, 2014 |
|--|--|--|
| Number of specimens tested | 0 | 32 |
| ◆ Number of specimens positive for Influenza: | 0 (0%) | 2 (6.25%) |
| ● Influenza A | 0 (0%) | 1 (100%) |
| ▪ H1 2009 H1N1 | 0 (0%) | 1 (100%) |
| ▪ H1 seasonal | 0 (0%) | 0 (0%) |
| ▪ H3 | 0 (0%) | 0 (0%) |
| ● Influenza B | 0 (0%) | 0 (0%) |

NATIONAL INFLUENZA ASSESSMENT

The CDC's weekly seasonal Influenza surveillance report for week 45 noted that Influenza activity increased slightly in the United States. The proportion of deaths due to Influenza and pneumonia in the US was below the epidemic threshold. Two influenza-associated pediatric were reported to the CDC during week 45. For the 2013-2014 season, a total of two pediatric deaths associated with Influenza have been reported in the US. During week 45, 4,257 specimens were tested, of which 231 (5.4%) were positive. Of the 231 respiratory specimens that tested positive during week 45, 203 (87.9%) were Influenza A, and 28 (12.1%) were Influenza B. Of the Influenza A samples, 64 (31.5%) were 2009 H1N1, 18 (8.9%) were H3, and 121 (59.6%) were not subtyped.

Influenza Positive Tests Reported to CDC by U.S. WHO/NREVSS Collaborating Laboratories, National Summary, 2013-14



Get Vaccinated!

To find an Influenza vaccine provider, visit the District of Columbia Immunization Resource Center at <http://doh.dc.gov/node/190532>

★ ★ ★ For additional information about Influenza and Influenza activity in the United States, please visit: <http://www.cdc.gov/flu/index.htm>.

Questions about Influenza in the District of Columbia or this report should be directed to the Division of Epidemiology - Disease Surveillance and Investigation at (202) 442-8141 or email gabrielle.ray@dc.gov.