

**DISTRICT OF  
COLUMBIA  
MUNICIPAL  
REGULATIONS  
for  
RECREATION  
THERAPY**

**CHAPTER 72 RECREATION THERAPY**

Secs.

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**7200           APPLICABILITY**

- 7200.1           This chapter applies to applicants and holders of a registration to practice recreation therapy. This chapter applies only to persons practicing under the title Recreation Therapist or Certified Therapeutic Recreation Specialist. This chapter is not applicable to Activity Therapists, Activity Professionals, Activity Aides, Leisure Professionals, Recreation Professionals, or Recreation Aides as long as they do not hold themselves out to the public as a Recreation Therapist or Certified Therapeutic Recreation Specialist as defined by § 7203.2.
- 7200.2           Sections 4001, 4004, 4005, 4006, 4012, 4013, and 4099 of Chapter 40 (General Rules) of this title shall supplement this chapter.
- 7200.3           Chapter 41 (Administrative Procedures) of this title shall supplement this chapter, except that sections 4101, 4102.1, 4102.3(a), 4113, 4118, 4119, and 4123 shall not apply.
- 7200.4           The term “Board” as found in Chapters 40 and 41 of this title shall in all instances refer to the Director of the Department of Health. The Director shall possess all powers and assume all functions assigned to a “Board” under these administrative procedures, as well as the powers and functions retained by the Director.

**7201           TERM OF REGISTRATION**

- 7201.1           Subject to § 7201.2, a registration issued pursuant to this chapter shall expire at 12:00 midnight on February 28th of each even numbered year.
- 7201.2           If the Director changes the renewal system pursuant to § 4006.3 of Chapter 40 of this title, a registration issued pursuant to this chapter shall expire at 12:00 midnight of the last day of the month of the birthdate of the holder of the registration, or other date established by the Director.

**7202 EDUCATION, TRAINING, AND EXPERIENCE REQUIREMENTS FOR RECREATION THERAPISTS**

7202.1 An applicant for registration to practice as a recreation therapist may meet the education, training, and experience requirements by furnishing to the Director satisfactory proof that the applicant has been certified by the National Council for Therapeutic Recreation Certification (NCTRC) at the professional level of Certified Therapeutic Recreation Specialist.

**7203 SCOPE OF PRACTICE OF REGISTERED RECREATION THERAPIST OR CERTIFIED THERAPEUTIC RECREATION**

7203.1 An individual registered under this chapter as a recreation therapist may engage in the "practice of recreation therapy" as defined herein.

7203.2 As used in this chapter, the practice of "recreation therapy" means the use of the title Recreation Therapist by persons who meet the education and training requirements of § 7202(2); or the use of the title Certified Therapeutic Recreation Specialist by persons who meet the education and training requirements of § 7202(1). All persons registered pursuant to the act and these rules are entitled to use the title Recreation Therapist.

7203.3 The practice of recreation therapy shall include the following:

- (a) All direct patient or client services of assessment;
- (b) Planning;
- (c) Design;
- (d) Implementation;
- (e) Evaluation;
- (f) Documentation of specific interventions;
- (g) Management;
- (h) Consultation;
- (i) Research; and
- (j) Education for either individuals or groups that require specific therapeutic recreation or recreation therapy intervention with such services being provided for recreation resources and opportunities to

improve health and well being.

**7204           LAWFUL PRACTICE**

7204.1           Any person who practices or offers to practice recreation therapy in the District of Columbia as defined by § 7203.2 shall be registered pursuant to these rules. Current certification shall be maintained with the NCTRC.

7204.2           A certified therapeutic recreation specialist registered to practice in the District of Columbia shall adhere to the Code of Ethics established by the American Therapeutic Recreation Association as they may be amended from time to time.