

Health Regulation Administration

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 095038	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED 08/23/2006
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NAME OF PROVIDER OR SUPPLIER METHODIST HOME	STREET ADDRESS, CITY, STATE, ZIP CODE 4901 CONNECTICUT AVENUE, NW WASHINGTON, DC 20008
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L 000 Initial Comments
An annual licensure survey was conducted on August 22 through 23, 2006. The following deficiencies were based on observations, staff and resident interviews and record review. The sample size was 12 residents based on a census of 48 residents the first day of survey and two (2) supplemental records.

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THIS PLAN OF CORRECTION IS SUBMITTED FOR PURPOSES OF REGULATORY COMPLIANCE AND AS PART OF THE METHODIST HOME'S ONGOING EFFORTS TO CONTINUOUSLY IMPROVE THE CARE AND SERVICES PROVIDED. AS SUCH IT DOES NOT CONSTITUTE AN ADMISSION OF THE FACTS OR CONCLUSIONS CITED IN THE SURVEY REPORT FOR ANY PURPOSE WHATSOEVER.

L 052 3211.1 Nursing Facilities
Sufficient nursing time shall be given to each resident to ensure that the resident receives the following:

(a) Treatment, medications, diet and nutritional supplements and fluids as prescribed, and rehabilitative nursing care as needed;

(b) Proper care to minimize pressure ulcers and contractures and to promote the healing of ulcers:

(c) Assistants in daily personal grooming so that the resident is comfortable, clean, and neat as evidenced by freedom from body odor, cleaned and trimmed nails, and clean, neat and well-groomed hair;

(d) Protection from accident, injury, and infection;

(e) Encouragement, assistance, and training in self-care and group activities;

(f) Encouragement and assistance to:

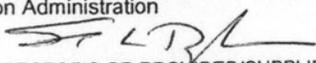
(1) Get out of the bed and dress or be dressed in his or her own clothing; and shoes or slippers, which shall be clean and in good repair;

(2) Use the dining room if he or she is able; and

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE



TITLE

ADMINISTRATOR

(X6) DATE

11 SEPTEMBER 2006

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L 052	Continued From page 2 physician's order initiated on December 20, 2002 and most recently renewed August 3, 2006, "Zoloft 25 mg daily and Zoloft 25 mg 1/2 tab daily to equal 37.5 mg daily for depression". There was no evidence in the record that facility staff had identified or monitored depressive behaviors. A face-to-face interview was conducted with the charge nurse on August 22, 2006 at 10:55 AM. He/she stated, "We don't monitor behaviors for antidepressant medication" The record was reviewed August 22, 2006. 2. Facility staff failed to monitor behaviors for Resident #3 who was receiving an antidepressant medication. A review of Resident #3's record revealed a physician's order initiated on admission and most recently renewed August 3, 2006, "Zoloft 100 mg daily for depression." There was no evidence in the record that facility staff had identified or monitored depressive behaviors. A face-to-face interview was conducted with the charge nurse on August 22, 2006 at 10:55 AM. He/she stated, "We don't monitor behaviors for antidepressant medication." The record was reviewed August 22, 2006. 3. Facility staff failed to monitor behaviors for Resident #4 who was receiving a medication for insomnia. A review of Resident #4's record revealed a physician's order initiated on July 6, 2006 and most recently renewed on August 3, 2006, "Trazodone HCL 50 mg tablet 1/2 tablet by mouth at bedtime for Insomnia". There was no evidence in the record that the facility staff had identified or	L 052	<ul style="list-style-type: none"> • In addition to the behavior monitoring sheets already in place for residents receiving antipsychotic meds, these sheets were also instituted for residents receiving antidepressants, hypnotics, and anxiolytic drugs. Completion date: September 1, 2006. 3. <u>Measures or Systemic Changes to Ensure Deficient Practice Does Not Recur:</u> <ul style="list-style-type: none"> • Develop policy regarding appropriate use of Behavior Monitoring Sheets. Completion date: September 15, 2006. • Educate staff on implementation of the policy and correct documentation to be included on the Behavior Monitoring Sheets. Completion date: September 30, 2006. 4. <u>Performance Monitoring to Ensure Solutions Are Sustained.</u> <ul style="list-style-type: none"> • Review Behavior Monitoring Sheets on a monthly basis for all residents listed on the Psychoactive Medication Report generated by the pharmacy. Completion date: October 1, 2006 (and ongoing). • Determine compliance with policy and appropriateness of documentation. • Report quarterly to the facility's Quality Assurance (QA) Committee. Completion date: October 6, 2006 (and ongoing). 	09/01/06 09/15/06 09/30/06 10/1/06 & ongoing 10/6/06 & ongoing

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L 052	Continued From page 3 monitored the effects of the medication. A face-to-face interview was conducted with the charge nurse on August 22, 2006 at 10:55 AM. He/she stated, "We don't monitor those kinds of behaviors." The record was reviewed August 22, 2006. 4. Facility staff failed to monitor behaviors for Resident #5 who was receiving an antidepressant medication. A review of Resident #5's record revealed a physician's order renewed August 3, 2006, "Zoloft 25 mg daily for depression" There was no evidence in the record that facility staff had identified or monitored depressive behaviors. A face-to-face interview was conducted with the charge nurse on August 22, 2006 at 10:55 AM. He/she stated, "We don't monitor behaviors for antidepressant medication." The record was reviewed August 22, 2006. 5. Facility staff failed to perform a pacemaker check for Resident #6. A physician's order initiated on June 23, 2006 directed, "Pacemaker check every July-October-January". A review of the resident's record revealed that there was no evidence that a pacemaker check had been completed at the time of this review. A face-to-face interview was conducted with the charge nurse on August 22, 2006 at 4:12 PM. He /she acknowledged that the pacemaker check was not done in July and had not been completed at this time. The record was review on August 22	L 052	F309 483.25 Quality of Care - failure to obtain pacemaker check per physician order for resident #6. 1. <u>Corrective Action for Resident Affected by Deficient Practice:</u> The pacemaker check was obtained for the resident. Completed August 24, 2006. 2. <u>Method to Identify Other Residents At Risk for Deficient Practice:</u> Medical records of the 3 residents in the Health Care Center who have pacemakers were reviewed to determine if pacemaker checks were current per physician orders. None was found deficient. Completed August 28, 2006. 3. <u>Measures or Systemic Changes to Ensure Deficient Practice Does Not Recur:</u> • Nurses will continue to review TARs during the end-of-the-month changeover to ensure orders have been properly transcribed and dates/times for pacemaker checks have been identified (i.e. "blocked off") on the new month's TAR. Implementation date: September 1, 2006 (and ongoing). • TARs will be reviewed by the night shift nurse (24-hour checks) to ensure pacemaker checks have been completed according to schedule. Any pacemaker checks that have not been completed as scheduled will be reported to the DON the next day for follow up. Implementation date: September 1, 2006 (and ongoing). 4. <u>Performance Monitoring to Ensure Solutions Are Sustained:</u> Results from the nightly reviews are presented to the facility's Quality Assurance (QA) Committee quarterly. Implementation date: September 30, 2006 (and ongoing).	08/24/06 08/28/06 09/01/06 & ongoing 09/01/06 & ongoing 09/30/06 et & ongoing	

3. Measures or Systemic Changes
to Ensure Deficient Practice
Does Not Recur:

- Expand current infection control education to emphasize clean dressing change technique. Completion date: September 15, 2006.
- Schedule all nurses to demonstrate competency in dressing change technique with specific emphasis on infection control. Completion date: September 22, 2006.

09/15/06

0922/06

4. Performance Monitoring to
Ensure Solutions Are Sustained:

Compile data from competency observations and present at quarterly QA meeting. Completion date: October 6, 2006.

10/06/06

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L 052	<p>Continued From page 6</p> <p>medications for Resident JK1, dispensed from four (4) different pharmacies other than facility's contract pharmacy.</p> <p>The physician's orders signed on August 3, 2006 prescribed 17 routine medications and four (4) as needed medications. All 21 medications were present in the medication cart.</p> <p>In addition to the prescribed medications, six (6) medications currently not prescribed were co-mingled in the medication cart, Ultram 50 mg, Synthroid 0.1 mg, Altace 5 mg, Fosamax 70 mg, Docusate Na 100 mg and Citracal (Calcium 630 mg and Vitamin D 400 International Units).</p> <p>During observation of medication pass on August 23, 2006 at approximately 8:45 AM, two (2) of the six (6) non-prescribed medications were administered to the resident, Citracal and Docusate Na.</p> <p>A face-to-face interview with the medication nurse was conducted on August 23, 2006 at 11:30 AM. He/she acknowledged that the Citracal and Docusate were not prescribed by the physician and additional medications not prescribed were co-mingled with currently prescribed medications. The record was reviewed on August 23, 2006.</p>	L 052	<ul style="list-style-type: none"> • Revise Twenty-Four Hour Report policy to require inclusion of residents being assessed for their ability to self-administer meds on 24-hour report. Completion date: Oct. 6, 2006 10/06/06 • Review 24-hour report daily to identify residents undergoing self-administration assessments. Sept. 1, 2006 09/01/06 • Review charts of these residents after 3-day assessment period to ensure assessment has been completed. Sept. 1, 2006 09/01/06 <p>4. <u>Performance Monitoring to Ensure Solutions Are Sustained:</u> Report findings in Quarterly QA meeting. Completion date: Oct. 6, 2006. 10/06/06</p>
L 099	<p>3219.1 Nursing Facilities</p> <p>Food and drink shall be clean, wholesome, free from spoilage, safe for human consumption, and served in accordance with the requirements set forth in Title 23, Subtitle B, D. C. Municipal Regulations (DCMR), Chapter 24 through 40. This Statute is not met as evidenced by: Based on observations during the survey period,</p>	L 099	

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L 099	Continued From page 7 it was determined that dietary services were not adequate to ensure that foods were served and prepared in a safe and sanitary manner as evidenced by: soiled slats on the dish machine, hotel pans and sheet pans. These observations were made in the presence of the Director of Dietary Services. The findings include: 1. The outer surfaces of plastic slats on the dish machine were soiled with food and mineral deposits on the soiled and clean side in one (1) of one (1) observation at approximately 2:00 PM on August 22, 2006. 2. Hotel pans (14 x 24 x 4 inches) washed in the pot and pan wash area were not thoroughly cleaned of food residue and grease and allowed to dry before reuse in seven (7) of nine (9) observations at approximately 3:00 PM on August 22, 2006. 3. Sheet pans were stored with grease and residual food particles on the inner and outer surfaces and not allowed to dry before reuse in eight (8) of nine (9) observations at 3:15 PM on August 22, 2006.	L 099	3219.1 Nursing Facilities F371 483.35(1)(2) SANITARY CONDITIONS – FOOD PREP & SERVICE 1. The dish machine curtains were re-cleaned and sanitized. 8/24/06 2. Ecolab, our chemical company, was notified about replacing our curtain. 8/24/06 3. Director reviewed process and in-serviced the utility staff on proper sanitation and breakdown of the Dish machine. 8/24/06 4. Dining Services Director and Asst. Director will monitor compliance on a monthly basis & present to the Administrator for review. Will then be presented on a quarterly basis to the Quality Assurance Committee, with subsequent plans of correction developed and implemented as necessary. 8/25/06 and ongoing 1. Entire amount of hotel and sheet pans were rewashed and sanitized by the utility staff and supervised by the Director. 8/23/06 2. Director reviewed chemicals that are used at the pot sink as well as the ware washing procedure. 8/23/06 3. Director had in-service with entire utility staff on proper procedures for Pot and Pan washing. 8/24/06 4. Director & Asst. Director will monitor compliance on a monthly basis & will present to the Administrator for review. Will then be presented on a quarterly basis to the Quality Assurance Committee with subsequent plans of correction developed and implemented as necessary. 8/25/06 and ongoing	
L 410	3256.1 Nursing Facilities Each facility shall provide housekeeping and maintenance services necessary to maintain the exterior and the interior of the facility in a safe, sanitary, orderly, comfortable and attractive manner. This Statute is not met as evidenced by: Based on observations during the survey period, it was determined that housekeeping and maintenance services were not adequate to	L 410		

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L 410	<p>Continued From page 8</p> <p>ensure that the facility was maintained in a safe and sanitary manner as evidenced by: soiled exhaust vents, base surfaces on mechanical lifts and bathtubs; dust on top of closets and tables; and marred chairs, tables and foot boards in residents' rooms.</p> <p>The findings include:</p> <p>1. The interior surfaces of exhaust vents in residents' rooms and common areas were soiled with dust in the following areas:</p> <p>First Floor Rooms 145, 147, 153, 169 and bathing room in five (5) of nine (9) observations between 11:10 AM and 12:30 PM on August 22, 2006.</p> <p>Second Floor Rooms 249 and 261 in two (2) of nine (9) observations between 8:37 AM and 12:10 PM on August 23, 2006.</p> <p>2. The base surfaces of mechanical lifts and bathtubs were soiled with accumulated dust on the first and second floors between 4:00 PM and 4:45 PM on August 22, 2006 and 11:10 AM and 12:10 PM on August 23, 2006.</p> <p>3. The top surfaces of tables and closets were soiled with dust and debris in rooms 145, 146, 247, 249, 253 and 256 in six (6) of 18 observations between 11:10 AM and 12:30 PM on August 22, 2006 and 8:37 AM and 9:30 AM on August 23, 2006.</p> <p>4. The frontal areas of chairs, tables and foot boards were marred and scarred in residents' rooms.</p> <p>First Floor Rooms 146, 147, 151 and 153 in four (4) of nine (9) observations between 8:37 AM and</p>	L 410	<p>F 253 1.</p> <ol style="list-style-type: none"> 1. The light dust identified during tour was removed on the interior surfaces of exhaust vents behind the grates in all cases. 08/24/06 2. Grates were removed and the interior of all exhaust vents were checked for dust on interior surface and no others were found to have dust. 08/24/06 3. In-service conducted and documented with all Maintenance Department on proper cleaning procedures. 08/28/06 4. The Maintenance Supervisor is aware to monitor light dusting checks on monthly rounds. This information will be entered on the Quarterly QA report and monitored. 08/28/06 <p>F 253 2.</p> <ol style="list-style-type: none"> 1. The light dust identified on the mechanical Lift and tube during tour was removed in all cases. 08/23/06 2. All lifts and tubs were checked for dust on flat surfaces and no others were found to have dust. 08/23/06 3. In-service conducted and documented with all Light Duty Technicians on proper cleaning procedures. Housekeeping assignments updated to include weekly/monthly dusting of lifts and tubs. 09/06/06 4. The Housekeeping Supervisor is aware to monitor light dusting checks on weekly rounds. This information will be entered on the Quarterly QA report and monitored. 09/06/06 	
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L 410	Continued From page 9 12:10 PM on August 22, 2006. Second Floor Rooms 249, 253 and 256 in three (3) of nine (9) observations between 8:37 AM and 12:10 PM on August 23, 2006.	L 410	<p>F 253 3.</p> <ol style="list-style-type: none"> The light dust identified during tour was removed in all cases. All resident rooms were checked for dust on flat surfaces of closets and furnishings and no others were found to have dust. In-service conducted and documented with all Light Duty Technicians on proper cleaning procedures. Housekeeping assignments updated to include weekly/monthly dusting where dust was identified in resident rooms. The Housekeeping Supervisor is aware to monitor light dusting checks on weekly rounds. This information will be entered on the Quarterly QA report and monitored. <p>F 253 4.</p> <ol style="list-style-type: none"> The identified surfaces, of chairs, table legs and foot boards will be cleaned/repared. All resident rooms and common areas to be surveyed by staff to determine and schedule cleaned/repared if identified. Condition of furniture will be added to daily housekeeping and maintenance rounds. The Supervisors are aware to repair damage as discovered. This information will be entered on the Quarterly QA report and monitored. 	<p>08/22/06</p> <p>08/25/06</p> <p>09/06/06</p> <p>09/06/06</p> <p>09/29/06</p> <p>09/29/06</p> <p>09/29/06</p> <p>09/29/06</p>